

Long March and Hunger Strike
for Freedom and Democracy in

BURMA

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Day 7

September 7, 2004 (Seventh Day)

At around 9:30 AM the Japanese Buddhist nun, Venerable Jun Yasuda, arrived at the Albany monastery where the activists had stayed overnight.

Venerable Jun Yasuda discussed the day's journey with U Han Lin, U Win Shwe and Ko Maung Maung Tate for about a half hour. All of them left the monastery at 10:15 AM and started the seventh day's journey with the Muller family in front of the Catskill Inn, where they had finished the previous day. (Nicole Muller, Harley Muller and Margo Muller walked with the activists for about 15 minutes.) The three activists arrived in downtown Catskill at around 12:00 PM. Ko Saing Moe Ko Ko and a Buddhist monk, Venerable U Eithareya from Albany joined the march at approximately 12:15 PM.

The seventh day of the "Long March" concluded at around 4:15 PM near Saugerties, Albany. Thinking that the activists were going to end the march at 7:00 PM (as in previous days) U Thet Htun Naing and his family came in the early evening to donate water bottles and sodas to the marchers. Even though U Thet Htun Naing and his family were not able to participate in the seventh day's march, the activists were very grateful for their help and show of solidarity.

(Note: For those who are unable to support the Freedom "Long March" activists in person, e-mails of encouragement and support can be sent to freedomlongmarch@aol.com)

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